

# A weekend with **Edward Espe Brown**



Friday, 9. June 2017

19:00–21:00

Saturday, 10. June 2017

13:00–17:00

Sunday, 11. June 2017

13:00–17:00

## ■ Friday night talk:

### **You are the Secret – Bringing Alive What is Innermost**

In Zen practice this is to *take the backward step and turn your light inward*, to be open to what is *beyond thinking*.  
In this lecture we'll look at *connecting what is innermost with what is outer – the world of Today*.

## ■ Workshop on Saturday: **Mindful touch**

Practicing touch we will experience big mind or boundless non-duality from the connection between two people. We will learn to touch with mindfulness – receiving sensation rather than dispensing directives – and to connect with what is.

## ■ Workshop on Sunday: **Meditation & hand writing**

This class is the zazen of handwriting. A few minutes a day of handwriting practice incorporating specific changes can redo your thinking. By changing the way we write, we can let the enlightenment, which is implicit in our life, unfold. If you work on your handwriting – by making new connections between your consciousness and your hand – you will not be able to stick to your stuck ways of doing things.

The program will be taught in english. Translation into German possible.

*Das Programm findet in englischer Sprache statt und wird bei Bedarf ins Deutsche übersetzt.*

**Cost:** €20 for public talk (no registration necessary if you are just coming to the talk.)

€60 for Saturday – 4 hours, €60 for Sunday – 4 hours.

€140 for all events (€120 early bird for payment before 25.5.)

**Information & registration:** Sabine Putze – [sabineputze@aon.at](mailto:sabineputze@aon.at)